In Difficult Times

Consoling God, be a source of serenity for me when struggles and difficulties threaten to overwhelm me.

God of hope, assure me of your unconditional love when I doubt myself or question the worth of my life.

Truth-bringing God, encourage me to embrace you during those times when I get lost in the lies of my weakness.

Compassionate God, hold me to your heart when I feel helpless in the face of the world’s pain.

Light-filled God, keep me ever close to you during those moments when bleakness surrounds my life.

Comforting God, shelter me under your wings when I am engulfed in sadness and overcome with distress.

God of peace, you are the center of my life, a strong refuge of peace in the whirlwind of my pain. I look to you for strength and a constant assurance of hope.

poem from Out of the Ordinary by Sr. Joyce Rupp